### **General Information**

We have an open door policy at the GAIL Program and are available to our residents Monday-Friday from 9:00 AM to 5:00 PM. For additional information please also look for:

- The GAIL Guide (Quarterly Publication)
- Greenbelt News Review-Senior
   Related Articles
- The Senior Services page on our website at
   www.greenbeltmd.gov
- 301-345-6660

Municipal Building 25 Crescent Rd Greenbelt, MD 20770 301-345-6660

### **Faces of the GAIL Program**



Christal Parker-Batey
Community Resource
Advocate



Tom Patota, LCSW-C GAIL Case Manager & Counselor



Sharon Johnson
Service Coordinator,
Green Ridge House

We are also fortunate to have the help of Graduate and Undergraduate social work and public health and undergraduate nursing interns from numerous schools to enable our program to offer a wide array of services.



# Greenbelt Assistance in Living (GAIL) Program



## We're here for you, just a phone call away! 301-345-6660

### For Your Well-being

### **Nutrition**

- Free Monthly Produce Distributions
- Brown Bag Food Program

### **Health & Mental Health**

- Mobile or In-Office Counseling
- Annual Free Flu Clinic and Health Fair
- Annual Mental Health Screening Day
- Memory Support Group
- Brain Fitness Program
- Community Nursing PRogram
- Prescription Drug Discount Cards

### **Home Care Assistance**

- Home Health Care—Preferred Provider Program
- Volunteer Services through GIVES
- Information and Referral

### **Access to Financial Assistance**

 Help in applying to government programs like Energy Assistance, Food Stamps, and Social Security

### **For Your Home**

### **Consumer Checkbook**

 Take part in our free membership program and gain access to ratings of area businesses and services.

### **Adaptable Equipment Program**

 Eligible applicants can receive up to two pieces of home equipment priced on a sliding scale.

### **For Getting Around**

### **Transportation**

- Greenbelt Connection
- Volunteer Services through GIVES
- Connection to additional transportation services with the help of our staff

### **For Your Housing Needs**

### **Green Ridge House**

 Low-income housing for 62+ and disabled adults

### **Understanding Housing Options**

 We can meet with you to help you explore different types of housing depending on your personal needs.

### **For Caregivers**

### **Caregiver Support Group**

- 2nd Wednesday of the Monthly
- Support for adult children, spouses, family, or friends who provide care to a loved one

# One-on-One Information & Referral & Counseling for Caregivers

 For families or caregivers who are unsure about resources for their loved ones

### For People with Disabilities

### **Connection to Available Resources**

Call ahead to schedule an appointment

### **Mobile or In-Office Counseling**

Call for availability

# <u>Disability Income and Medical Benefits</u>

- · Help in understanding your benefits
- Help in applying for benefits

### **Differently Abled Support Group**

 A monthly support group for adults 50+ with physical and mental challenges.